



**Uimhir Thagarta Uathúil:** WFD-C2-332

**Údar:** Healthy Waterford

**Stádas:** Submitted

**Submission:** Healthy Waterford Submission

**Comhairliúchán:**

Draft Waterford City and County Development Plan 2022 - 2028

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## Litir Chumhdaigh

Healthy Waterford aims to improve health and well-being of all who live and work in Waterford City and County. We aim to reduce health inequality by promoting healthy living and providing supportive environments. Healthy Waterford recognizes that our health is affected by the places that we live, work and play and we believe that creating health is a shared responsibility. As such all organisations and sectors in Waterford have a role to play in creating a healthy Waterford. We aim to work with organisations and sectors to improve the quality of life for everyone. The Healthy Waterford Steering Committee is the Health and Well-Being Sub Group of the Waterford LCDC. It is an inter-agency group and the membership is made up of representatives from the HSE- Health Promotion and Health and Well-Being, Waterford City & County Council, Waterford LCDC, Waterford Age Friendly Alliance, Waterford Area Partnership, Waterford Sports Partnership, Waterford Institute of Technology, Waterford CYPSC and the Waterford Community Health Network.

## Observations:

### Chapter 1: Waterford and the Development Plan

**Caibidil:** Volume 1 » Part 1: Vision and Strategy » Chapter 1: Waterford and the Development Plan

In "Our Vision" and in the Aim section- can health and well-being named explicitly. Waterford will be a county that is dedicated to improving the health and well-being of all citizens across all life stages- reducing health inequalities, committed to improving quality of life and experiences. Recognising that our health is impacted by many factors including economic stability, social and community context, neighbourhood and environment, health care and education, employment and housing. In the document there is reference to all these areas and the importance of each but there is an absence of the explicit linking of the importance of these in terms of the overall impact on the individual's health and well-being and a commitment to improving health and wellbeing through the focus on developing each of these areas.

"Improving the quality of life" is mentioned throughout which is great. By linking this to health and wellbeing in the text earlier then it will continue that thread throughout each time quality of life is mentioned.

P4- maybe a one liner in brackets summarising what placemaking is- great that it is included, would be fantastic if

the concept was clear to the reader at a glance. And also on last bullet point maybe name “active travel”

P5. “Good Development plans should have”.... Maybe the following kind of bullet point could be added: A deliberate focus on improving the health and wellbeing of the citizens incorporated at a core fundamental level into all future plans for development of the City and County

### 1.3 Policy Context:

Can the Healthy Ireland National Framework be included here?

The Healthy Ireland Framework 2019-2025 is a roadmap for building a healthier Ireland. It is based around four key goals:

- to increase the proportion of people who are healthy at all stages of life
- to reduce health inequalities
- to protect the public from threats to health and wellbeing
- to create an environment where every individual and sector of society can play their part in achieving a healthy Ireland

1.6 In the 8 points that summarise the 17 SDG’s – can the term health and/ or wellbeing being incorporated in here – can be incorporated in line with the SDG relating to reducing inequalities and/or relating to environmental health and/ or importance of placemaking and built environment in communities and urban regenerating and the direct links to improving health of communities and individuals

### 1.7

International Policies:

World Health Organisations- Healthy Cities ; Waterford is a Member of the National Network of Healthy Cities and Counties and a Healthy City under the WHO

National Policies:

Healthy Ireland Framework

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## Chapter 2: Spatial Vision and Core Strategy.

Caibidil: Volume 1 » Part 1: Vision and Strategy » Chapter 2: Spatial Vision and Core Strategy.

2.1 Great to see a number of the Social Determinants of health being referenced as key strategic aims in this list. I wonder- could a short paragraph on the social determinants of health be included in chapter one or two – just to provide an overview of the broad reach of them and also this allows the links be seen between key strategic aims, the broader elements that impact health and how these many planned actions work towards improving health in the broader context?

2.2 “improved quality of live **and health** for all our citizens

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## **Chapter 1: Waterford and the Development Plan**

**Caibidil:** Volume 1 » Part 1: Vision and Strategy » Chapter 1: Waterford and the Development Plan

Please see attached document with some overarching feedback on the draft as a whole.

**Attachments:**

WFD-C2-332-1416 - Healthy Waterford Submission.docx

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**Teorainneacha Gafa ar an léarscáil:** Níl